

Poppy's Home Care is a locally owned and nurse-led provider, supporting older adults to remain independent, safe, and comfortable in their own homes. Our approach is personal and consistent – you will be supported by a small, caring team who know you well and take the time to understand your routines, preferences, and goals.

As a local provider, we build genuine relationships and work closely with you and your family to deliver flexible and professional home care services. We value transparency and clarity. This price list sets out our services and fees so you can easily understand your options and choose the support that best suits your needs and lifestyle.

### Independence services

Service (per hour)	Weekday	After Hours	Saturday	Sunday	Public Holiday
Personal Care	\$110	\$130	\$150	\$180	\$215
Respite Care	\$110	\$130	\$150	\$180	\$215
Medication Assistance	\$110	\$130	\$150	\$180	\$215
Individual Social Support	\$115	\$135	\$160	\$190	\$225
Remedial Massage (per visit)	\$145	N/A	N/A	N/A	N/A

### Everyday Living Services

Service (per hour)	Weekday	After Hours	Saturday	Sunday	Public Holiday
Domestic Assistance	\$100	\$115	\$135	\$165	\$195
Meal Preparation (in home)	\$100	\$115	\$135	\$165	\$195
Meal Delivery	Please	Ask	For an	Individual	quote
Shopping	\$115	\$135	\$160	\$190	\$225
Gardening	\$90	N/A	N/A	N/A	N/A
Maintenance	\$115	\$135	\$160	\$190	\$225

### Clinical Services

Service	Weekday	After Hours	Saturday	Sunday	Public Holiday
Nursing – RN (per hour)	\$170	\$190	\$225	\$280	\$330
Nursing – EN (per hour)	\$145	\$165	\$200	\$255	\$305

## Allied Health Services / Clinical Services – Per Hour

Service	Initial -Direct Care	Indirect Care / Report (per hour)	Subsequent session – Direct	Extended subsequent – Direct
Physiotherapy	\$235	\$235	\$200	\$235
Allied Health Assistant – Physio Exercises	N/A	\$176	\$176	\$235
Occupational Therapy Assessments	\$245	\$245	\$245	N/A
Podiatry	\$235	\$235	N/A	N/A

## Transport Direct (Independent Category)

Direct Transport Per Trip	Weekday	Saturday	Sunday
0–15 km	\$45	\$65	\$75
16–30 km	\$90	\$130	\$150
31–50 km	\$135	\$195	\$225
51–70 km	\$180	\$260	\$300
71–99 km	\$225	\$345	\$375

## Care Management

With Poppy’s Home Care, you will have your own dedicated Care Partner who understands what matters to you and supports you to stay independent, safe and confident at home. Your Care Partner is your dedicated point of support – helping plan your services, coordinating supports, staying connected with you, and ensuring your care always reflects your needs and preferences.

Under the Support at Home program, Services Australia deducts 10% of your quarterly funding for Care Management. This amount is set by the government and applies to all approved providers. Care Management includes updating your care plan, coordinating services, monitoring your budget, working with health professionals and responding to any changes in your needs. Time is recorded in 15-minute increments, giving you transparency and confidence in how your funding is used.

Service	Per Hour
Care Management	\$150
Clinical Care Management	\$180
Restorative Care Management	\$180

## Client Contributions

Under the Support at Home program, the Australian Government may apply a client contribution depending on your pension status, income and personal circumstances. All Support at Home clients are required to complete an income assessment with Services Australia. This assessment determines whether a contribution applies and how much is payable. We will always explain contributions simply and openly, and work with you to ensure your funding is used in the way that best supports your wellbeing and goals.

Client co-contributions	Clinical Care	Independence Services	Everyday Living Services
Full Pensioners	0%	5%	17%
Part Pensioner and commonwealth health card	0%	Between 5%–50%	Between 17.5%– 80%
Self-funded Retiree	0%	50%	80%

## Important Information

### Services

Our standard service hours are Monday to Friday, 6:00am – 6:00pm. Weekday services are from one 1 hour, and weekend and public holiday services have a minimum of 2 hours. Services are charged in 15-minute increments after the minimum service time. A full-service fee applies for services cancelled with less than 24 hour's notice. Transport is charged as a one-way trip unless otherwise agreed.

### Pricing

All prices are listed exclusive of GST (where applicable) and may be reviewed in line with program or workforce requirements. Where services are delivered by third-party providers, their rates may differ from our price list. If this occurs, we will discuss this with you and agree before any service is booked. You will be notified of any price updates, and we will support you to understand what this means for your funding and services.